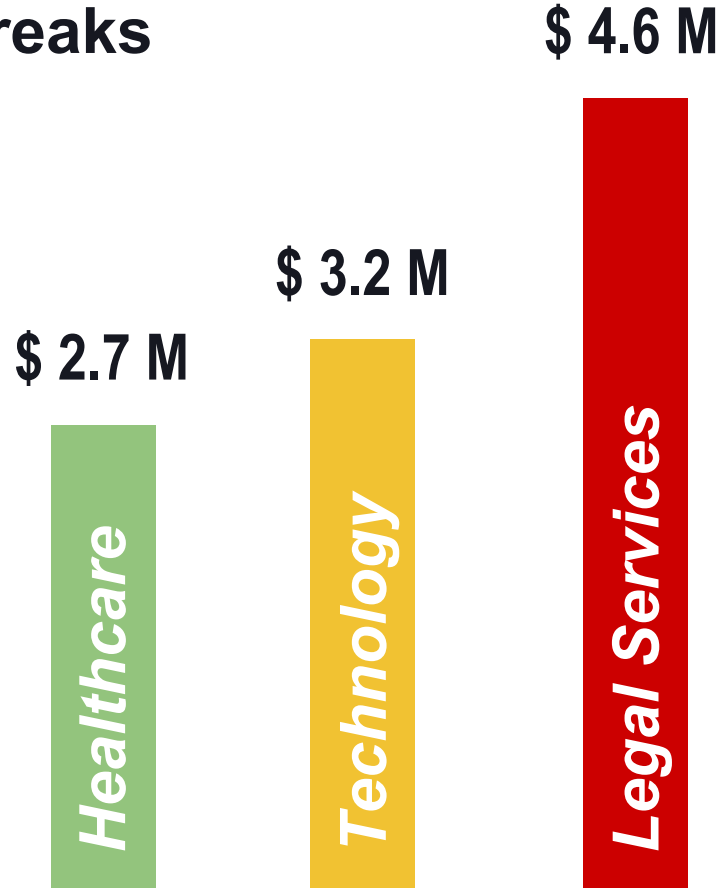


The Most Expensive Lunch Breaks

What does time spent away from work cost **one organization with 500 people** each year? The numbers were gathered using each industry's average minutes taken for lunch, along with their mean salaries.



Your workplace deserves a better breakroom

A well-stocked break room leads to **happier, more productive workers** while decreasing overall stress. ¹

58% of American consumers agree that **it is important to eat healthy**. ²

An engaging breakroom can **foster creative interactions** and **keep employees on site**.

In some cases, vending machines alone **aren't sufficient anymore**.

32% of employees are looking for **healthy snacks**. ³

36% agree that a well-stocked breakroom can **positively impact productivity**. ³

The new generation of millennial workers mentioned preferences for perks like free snacks, free coffee, and **a better breakroom**. ³

A study revealed 2 out of every 5 employees suggest they've **gained weight** at their current job. ⁴

90% of workers buy lunch at least **once a week**. ⁵

Only 1 in 5 five people step away for a midday meal. Most workers are simply **eating at their desks**. ⁶

81% of employees who take a daily lunch break have **a strong desire** to be an active member in their company. ⁴

Stocking with healthy snacking options **encourages employees** to take a midday break and do some healthy snacking together. ⁴

Better For You Options

We monitor the mix of healthy products, so we can adhere to your company standards

Consumer tastes are shifting toward healthier food



Drinks



Snacks



Fruit



Vegetables



Meals



Sandwiches



Salads



Health Bars